

Today I got up feeling fine so I
decided to go out but some
Anxiety & worked up a bed to plant
so seed - I finished down in the house
decided to take a little break before
fixing lunch - I sat down in the rocking
chair by the foot of my bed - after
a few minutes I tried to get up on the
chair & fell by my bed - I lay on the
floor a little while since the nurse
had just called & said she would
be around here in a few minutes
to check on me - I could not get up by myself
or with her help - She called the office
& they sent 2 paramedics who picked
me up & put me on the bed - I didn't
think I was hurt - I found I would not
move arm or get off the bed - I called
Tracy - She called Ambulance - nurse
they came carried me to Burrin Hospital,
E. R. etc & found I had a broken
arm transferred to Valdosta - the
emergency checked me again - called
Dr. Baker & Dr. Nixon - I had leg surgery
3/14/95